



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Deal Grab & Go Main	Authentic Pasta Carbonara with Tomato & Garlic Focaccia Bread <i>GLUTEN/MILK/EGG</i>	Japanese Crispy Katsu Chicken Curry served with Rice <i>GLUTEN/MUSTARD</i>	Yorkshire Burrito filled with Roast Chicken with Skin on Roast Potatoes, Vegetables & Gravy <i>GLUTEN/MILK/EGG</i>	BBQ Buffalo Chicken Wings with Loaded Potato Wedges <i>MILK/EGGS/SULPHATES/MUSTARD</i>	Battered Fish <i>GLUTEN/FISH</i> Battered Sausage <i>GLUTEN/SOYA/SULPHITES</i> Plain Sausage <i>GLUTEN/SOYA/SULPHITES</i> <i>MAY CONTAIN MILK/EGG/MUSTARD/CELERY</i> Served with Chips, Beans, Peas, Curry Sauce & Gravy
Meal Deal Grab & Go Vegetarian	Vegan Pasta Bolognaise with Garlic Bread <i>GLUTEN/SOYA/CELERY</i> <i>MAY CONTAIN SOYA</i>	Chinese Vegetable Spring Roll with Curry Sauce & Egg Fried Rice <i>GLUTEN/EGG/MUSTARD/SOYA</i> <i>MAY CONTAIN SESAME</i>	Yorkshire Burrito filled with Veggie Chicken with Skin on Roast Potatoes, Vegetable & Gravy <i>GLUTEN/EGG/SOYA</i>	Vegetable Chilli Loaded Nachos <i>GLUTEN/MILK/SOYA/EGGS</i>	Veggie Sausage <i>GLUTEN/CELERY</i> <i>MAY CONTAIN MILK</i> Battered Sausage <i>GLUTEN/CELERY</i> <i>MAY CONTAIN MILK</i> Served with Chips, Beans, Peas, Curry Sauce & Gravy
Neo Pizza Slice <i>All Contain GLUTEN/MILK</i>	Ham & Cheese Margarita	Pepperoni Margarita	Hawaiian Margarita	Smokey Bacon Margarita	Meat Feast Margarita
Daily Panini <i>All Contain GLUTEN/MILK</i>	Pepperoni & Cheese Just Cheese	BBQ Sausage & Cheese Just Cheese	Bacon & Cheese Just Cheese	Meatball & Cheese Just Cheese	Ham & Cheese Just Cheese

AVAILABLE DAILY

Homemade Soup of the day

Jacket Potatoes with a selection of hot & cold fillings

Sandwiches/Baguettes with a variety of fillings

A selection of fresh fruit, homemade desserts, cakes, bakes & cookies





WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Meal Deal Grab
& Go Main**Naples Lasagne with
Garlic Bread
*GLUTEN/MILK/MUSTARD*The Signature Kebab
served on Warm
Flatbread, with Salad and
Minted Yoghurt
*GLUTEN/EGG/MILK*British Bangers and
Mashed Potato with
Gravy
*GLUTEN/SULPHATES/MILK*New Delhi Butter Chicken
Curry with Rice
MILK/GLUTEN/MUSTARD
MAY CONTAIN EGGBattered Fish
GLUTEN/FISH
Battered Sausage
GLUTEN/SOYA/SULPHITES
Plain Sausage
GLUTEN/SOYA/SULPHITES
MAY CONTAIN
MILK/EGG/MUSTARD/CELERY
Served with Chips, Beans, Peas,
Curry Sauce & Gravy**Meal Deal Grab
& Go Vegetarian**Macaroni Cheese
Served with Garlic
Bread
*GLUTEN/MUSTARD/MILK*Falafel Gyros Wrap with
Salad and Minted Yoghurt
*GLUTEN/SULPHATES/EGG/MILK*Vegetable Bangers and
Mashed Potato with
Gravy
*SOYA/MILK/EGG/GLUTEN*Crispy Cauliflower
Pakora Naan with Indian
Raita
*GLUTEN/MILK/SULPHATES*Veggie Sausage
GLUTEN/CELERY
Battered Sausage
GLUTEN/CELERY
Served with Chips, Beans, Peas,
Curry Sauce & Gravy**Neo Pizza Slice***All Contain GLUTEN/MILK*Ham & Cheese

MargaritaPepperoni

MargaritaHawaiian

MargaritaSmokey Bacon

MargaritaMeat Feast

Margarita**Daily Panini***All Contain GLUTEN/MILK*Pepperoni & Cheese

Just CheeseBBQ Sausage & Cheese

Just CheeseBacon & Cheese

Just CheeseMeatball & Cheese

Just CheeseHam & Cheese

Just Cheese**AVAILABLE DAILY****Homemade Soup of the day****Jacket Potatoes with a selection of hot & cold fillings****Sandwiches/Baguettes with a variety of fillings****A selection of fresh fruit, homemade desserts, cakes, bakes & cookies**

					
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Chinese Style Salt & Pepper Chicken with Fried Rice <i>GLUTEN/SOYA</i>	Pulled BBQ Chicken Burger, Ranch Salad & Burger Sauce <i>GLUTEN/SOYA/MILK/SULPHATES</i> <i>MAY CONTAIN SESAME</i>	Yorkshire Burrito filled with Roast Gammon with Skin on Potatoes, Vegetables & Gravy <i>GLUTEN/MILK/EGG</i>	Chicken Tikka Masala with Cardamon Rice <i>MAY CONTAIN GLUTEN</i>	Battered Fish <i>GLUTEN/FISH</i> Battered Sausage <i>GLUTEN/SOYA/SULPHITES</i> Plain Sausage <i>GLUTEN/SOYA/SULPHITES</i> <i>MAY CONTAIN MILK/EGG/MUSTARD/CELERY</i> Served with Chips, Beans, Peas, Curry Sauce & Gravy
Veggie Mains	Sticky Sweet Chilli Crispy Quorn Pieces with Fried Rice <i>GLUTEN/SOYA</i>	Smashed Cauliflower Hash Brown Cheeseburger <i>GLUTEN/SOYA/MILK</i> <i>MAY CONTAIN SESAME</i>	Yorkshire Burrito filled with Veggie Chicken with Skin on Potatoes, Vegetables & Gravy <i>GLUTEN/EGG/MILK/SOYA</i>	Onion Bhaji's with Curry Loaded Potatoes & Minted Yoghurt <i>GLUTEN/EGG/MUSTARD/MILK</i>	Veggie Sausage <i>GLUTEN/CELERY</i> Battered Sausage <i>GLUTEN/CELERY</i> Served with Chips, Beans, Peas, Curry Sauce & Gravy
Daily Pizza Slice <i>All Contain GLUTEN/MILK</i>	Ham & Cheese Margarita	Pepperoni Margarita	Hawaiian Margarita	Smokey Bacon Margarita	Meat Feast Margarita
Daily Panini <i>All Contain GLUTEN/MILK</i>	Pepperoni & Cheese Just Cheese	BBQ Sausage & Cheese Just Cheese	Bacon & Cheese Just Cheese	Meatball & Cheese Just Cheese	Ham & Cheese Just Cheese
<p>AVAILABLE DAILY</p> <p>Homemade Soup of the day</p> <p>Jacket Potatoes with a selection of hot & cold fillings</p> <p>Sandwiches/Baguettes with a variety of fillings</p> <p>A selection of fresh fruit, homemade desserts, cakes, bakes & cookies</p>					